

Name: _____ File: _____

Symptoms and ill health

As the years go by and the layers of damage increase, it is common to begin to experience symptoms and random bouts of ill health until we are brought to our present state of health.

Present reason for consulting our office:

Correction and prevention of existing problem?
Maximizing personal and / or family health potential?

If you have a specific chief complaint, please describe briefly. *If not, please go to next page.*

How and when did this problem start? _____

Does the pain radiate or travel anywhere else? _____

Is the problem... constant intermittent worse with movement

Is condition worse... in the A.M. in the P.M. no change

Is the condition interfering with...
sleep work routine other _____

Is condition getting progressively worse? Yes No

Pain is... sharp dull throbbing
aching shooting nagging other _____

What aggravates your condition / pain? _____

What relieves your condition / pain? _____

If your condition was treated in the past, please describe treatment and results. _____

Have you had x-rays taken of this area? Yes No

Secondary complaints? _____

Dr. Todd Small

Dr. Sarah Dale

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Have you ever or do you presently suffer from any of the following symptoms?
Please list present treatment and include any medications being taken.

Headaches	Ears ring	Stiff/painful neck	Nervousness
Depression	Tension	Fatigue	Sleep problems
Chest Pains	Heart/lung trouble	Digestive disorders	Menstrual problems
Numbness or pins & needles in arms	Numbness or pins & needles in legs	Cold feet/hands	Arthritis - where?

Are there any other medication or treatment you are receiving? (include birth control pills)

List any surgeries and include when? _____

What if any side effects have you experienced from your medications or surgery? _____

Do you suffer from or is there a family history of:

	Heart Disease	Stroke	Cancer	Arthritis	Diabetes	Other	
Self							_____
Mother's Side							_____
Father's Side							_____

About Your Care

Chiropractic provides three types of care. The first is Initial Intensive Care, which corrects the most recent layer of Spinal and Neurological damage. This care usually reduces or eliminates the symptoms. Then begins Reconstructive Care, which corrects the years of damage that occurred when there were few symptoms. And finally, Chiropractic offers a genuine approach to Wellness Care. All of these options will be explained at your report of findings. Then you'll be able to begin a course of care that fits your health goals.

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